

# Family Caregiver Support Program & Grandparents Raising Grandchildren Program



## Who we are:

High Country Area Agency on Aging is one of 16 regional government agencies across North Carolina that provides services and supports for older adults and their caregivers. The **Family Caregiver Support Program** is designed to provide support for caregivers of older adults so they can provide quality care in the home for longer and thereby avoid costly institutional care. The **Grandparents Raising Grandchildren Program** is designed to assist caregivers of minor children and adults with disabilities. Through these programs, we are hopeful that our communities can continue to work together to help older adults and their caregivers!

## How we help:

Since there is not a one-size-fits-all approach to help in every situation, our program provides flexibility to support various needs. Some examples of services offered to caregivers include:

### **Family Caregiver Support:**

- Caregiver Directed Vouchers
- Case Management
- Connection to Resources & Services
- Educational Programs
- Incontinence Supplies
- In-Home Assessments
- Legal Assistance Referral
- Liquid Nutrition/Supplements
- Medication Assistance
- Personal Emergency Plan Assistance
- Support Groups
- Other ways – just ask!

### **Grandparents Raising Grandchildren:**

- Camp/Afterschool Support
- Clothing, Shoes, & Self-Care Items
- Counseling/Support Group Referral
- Educational Support (Supplies, Tutors, etc.)
- Food/Formula
- Home Safety Improvements
- Legal Assistance Referral
- Medication Assistance
- Personal Emergency Plan Assistance
- Respite/Childcare Vouchers
- Sporting Goods/Extracurricular Items
- Other ways – just ask!

## Caregivers we help:

Below is a summary of the eligibility requirements for each program:

### **Family Caregiver Support:**

- Caregiver is a resident of Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes or Yancey County
- Caregiver is 18 years of age or older
- Caregiver is providing unpaid care for someone 60 years of age or older and the care recipient needs help (verbal/physical) with at least two activities of daily living
- Caregiver provides care for anyone with cognitive impairment/dementia (no age limit)
- No income information is required for assistance

### **Grandparents Raising Grandchildren:**

- Caregiver is a resident of Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes or Yancey County
- Caregiver is 55 years of age or older
- Caregiver is providing unpaid care for a child (under 18) or an adult (age 18-59) with a disability
- Care recipient lives in your home with you and you are the primary provider of care
- Legal custody or guardianship of minor children is preferred but not required (foster families eligible)
- No income information is required for assistance

For more information about caregiver services, please contact:

**High Country Area Agency on Aging**  
**caregiversupport@hccog.org | (828) 265-5434**