

THE CAREGIVER SPACE

A HELPFUL NEWSLETTER FOR THE FAMILY CAREGIVER



Happy October! I hope everyone is enjoying the beautiful fall weather so far! This month's issue will be about the High Country Area Agency on Aging Grandparents raising grandchildren program! We are so happy to get this program started and start serving Grandparents in the High Country!

TIPS TO STAY HEALTHY

- Social Distancing
- Wash your hands
- Avoid Touching your Face
- Stay Active
- Get some fresh air
- Stay informed

GRANDPARENTS RAISING GRANDCHILDREN PROGRAM

BY SARAH PRICE, SPECIAL PROJECTS COORDINATOR

The High Country Area Agency on Aging (AAA) is excited to announce the development of a Grandparents Raising Grandchildren (GRG) program for the seven-county High Country Region. In North Carolina, grandparents and older relatives are the primary caregivers for nearly 1 in 10 children under 18 years of age. Recognizing a need, the High Country AAA has an opportunity through this program to assist grandparents in the region.

The GRG program is in the beginning stages of programmatic development and the High Country AAA has worked diligently to distribute a Regional Needs Assessment. The assessment has been sent to hundreds throughout the region, including school district employees, non-profits, public agencies, and many others. In addition to being sent directly, the assessment was also shared publicly through a variety of social media posts and newsletters. While we are awaiting some assessments that were directly mailed to participants, there have been nearly 100 responses thus far, with great input from all seven counties. The assessment will be used to gauge primary needs for grandparents raising their grandchildren throughout the region in order to tailor service delivery to the varied needs between counties.

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