

EVENTS FOR MARCH 2020



Movie Screening; STILL ALICE

A free screening of Still Alice and an opportunity to meet with community partners who provide services for caregivers.

March 30, 2020 3-5 p.m.

7 E. 2nd Street

West Jefferson, NC 28694

Register:

aarp.cvent.com/STILLALICE_WestJefferson

CAREGIVER ACADEMY

ADVANCE CARE PLANNING AND ELDER LAW

APRIL 6TH 2020, 1-2:30 p.m.

Wake Baptist Hospital, Wilkesboro

REGISTRATION IS REQUESTED:

WakeHealth.edu/BestHealth

336-713-BEST (2378)

bhealth@wakehealth.edu

SUPPORT GROUPS



Alleghany County

Caregiver Support Group
at the Library on the
Second Thursday of the
month at 4:00 p.m.

Ashe County

Caregiver Support Group
at Assisted Living
1st & 3rd Tuesdays of the
Month at 4:00 p.m.

Helping Hands Grief
Support at Senior Center
2nd and Last Thursdays of
the Month from 3-5 p.m.

R.A.P.P (Relatives as
Parents Program) 3rd
Thursday of the Month

Avery County

Caregiver Support Group
at Senior Center on the
third Tuesday of the
month at 1:00 p.m.

Mitchell County

Caregiver Support Group
at Senior Center on the
third Tuesday of the
month at 1:00 p.m.