

HIGH COUNTRY EMERGENCY RESOURCE LIST

The High Country Area Agency on Aging is dedicated to helping older adults in our community. This list is not comprehensive, but does contain information regarding where to find resources such as food, medication, and self-care help for residents of Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, and Yancey Counties.

Please don't hesitate to contact us for assistance. Please note that we are not currently in the office, but if you leave a message we will reach out to you.



HIGH COUNTRY
AREA AGENCY
on
AGING

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Long-Term Care Ombudsman

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FOOD BANKS

ALLEGHANY COUNTY

Alleghany Co. Ministerium – Solid Rock Food
336.372.6560

Alleghany Senior Center
336-372-7677

The Salvation Army - Mount Airy
336-786-4075

Hospitality House
828-264-1237

ASHE COUNTY

Ashe County Sharing Center
336-385-1314

Ashe Outreach Ministries
336-385-1314

Ashe Really Cares
336-846-5234

The Hunger and Health Coalition
828-262-1628

Casting Bread Food Pantry
828-295-8333

Hospitality House
828-264-1237

AVERY COUNTY

Loving Food Resources
828-255-9282

MANNA FoodBank
1-800-820-1109

Ave Maria Ministries
828-765-2224

Volunteer Avery County
828-737-0718

Casting Bread Ministry
828-295-8333

Hospitality House
828-264-1237

Hunger and Health Coalition
828-262-1628

FOOD BANKS CONTINUED

MITCHELL COUNTY

Bakersville Baptist Church - Food Pantry
828-688-4817

United Methodist Church of WNC
Food Pantry every other Saturday
828-688-2734

Mitchell County Shepherd's Staff
Offers four-day emergency supply of food
to residents, also offers cleaning and
hygeine items
828-765-5385

Ava Maria Ministries
Offers food pantry, pet food, personal items
828-765-2224

Full Gospel Christian Church
828-284-0375

Hospitality House
828-264-1237

MANNA Food Bank
1-800-820-1109

WATAUGA COUNTY

Greenway Baptist Church
828-264-7750

First Baptist Church of Boone
828-265-4446

Casting Bread Ministry
828-295-8333

Hunger and Health Coalition
828-262-1628

Hospitality House
828-264-1237

Alliance Bible Fellowship
828-264-8312

Hunger and Health Coalition
828-262-1628

FOOD BANKS CONTINUED

WILKES COUNTY

St. Pauls Episcopal Community Outreach
Justice Project Food Pantry
www.stpaulwilkesboro.org or 336-902-7119

Blue Ridge Opportunity Commission
336-667-7174

Samaritan Kitchen of Wilkes
336-838-5331

Pilgrim Baptist Church
336-973-4087

Byrd Ridge Crisis Center
336-838-5847

HOPE Ministry
336-984-2323

Maple Springs United Methodist
336-835-5045

Casting Bread Ministry
828-295-8333

YANCEY COUNTY

Reconciliation House
828-682-7251

Full Gospel Christian Church
828-284-0375

Yancey Baptist Association
828-682-2388

United Methodist Church of Western NC
828-688-2734

Ave Maria Ministries
828-765-2224

MANNA FoodBank
1-800-820-1109

Loving Food Resources
828-255-9282

Hospitality House
828-264-1237

GROCERY PICKUP

*Fees may apply, contact retailer for details.

ALLEGHANY COUNTY

Food Lion
381 S. Main St. Ste 580
Sparta, NC 28675
336-372-5585

ASHE COUNTY

Food Lion
733 E. Main St.
Jefferson, NC 28640
336-246-2992

AVERY COUNTY

Food Lion
2555 Tynecastle Hwy
Banner Elk, NC 28604

Lowe's Foods of Banner Elk
4000 NC-105 S
Banner Elk, NC

MITCHELL COUNTY

Walmart Supercentre
2514 Halltown Rd
Spruce Pine, NC 28777

WATAUGA COUNTY

Lowe's Foods of Boone - 828-265-2084
267 New Market Centre
Boone, NC 28607

Walmart Super Center - 828-262-0254
200 Watauga Village Dr
Boone, NC 28607

Harris Teeter - 828-262-3319
240 Shadowline Dr.
Boone, NC 28607

Publix Super Market
1620 Blowing Rock Rd
Boone, NC 28607

Food Lion
1864 Old US 421 S Suite D
Boone, NC 28607

GROCERY PICKUP CONTINUED

WILKES COUNTY

Lowes Foods
1834 Winkler St
Wilkesboro, NC 28697

Food Lion
1300 Wetwood Ln
Wilkesboro, NC 28697
336-667-1487

23-B Sparta Rd
North Wilkesboro, NC 28659
336-667-9492

Walmart Supercenter
1801 US-421
Wilkesboro, NC 28697
336-667-7691

YANCEY COUNTY

No known delivery grocery services at this point.

MEDICATION

ALLEGHANY COUNTY

Mobile Free Pharmacy
North Carolina MedAssist
704-536-1790

ASHE COUNTY

The Hunger and Health Coalition
828-262-1628

Free Pharmacy Program & Mobile Pharmacy
704-536-1790

AVERY COUNTY

Department of Social Services
828-733-8230

Reaching Avery Ministry
828-733-5127

Free Pharmacy North Carolina Med Assist
704-536-1790

MEDICATION CONTINUED

MITCHELL COUNTY

Mission Health Medication Assistance Program
828-213-5549

Free Pharmacy & Mobile Pharmacy Program
704-536-1790

WATAUGA COUNTY

Department of Social Services
828-265-8100

The Hunger and Health Coalition
828-262-1628

Free Pharmacy & Mobile Pharmacy Program
North Carolina MedAssist
704-536-1790

WILKES COUNTY

Care Connection Pharmacy
Dept of Social Services
336-651-7400

Medication Assistance Program
Wake Forest Baptist at Wilkes Medical Center
336-651-8579 (MWF 8:30-12:30; TR 1:00-4:00)

Free Pharmacy Program and Mobile Free
Pharmacy
North Carolina MedAssist
704-536-1790

YANCEY COUNTY

Free Pharmacy & Mobile Pharmacy Program
MedAssist- 704-536-1790

Please note CVS has a FREE delivery service. We encourage you to call your local CVS for more information on how to use this service

SOCIAL ISOLATION

A toll-free Hope Line has been established for older adults of NC experiencing isolation from social distancing. The number is **1-866-578-4673** or **1-866-578-HOPE**.