

# CAREGIVER MUSIC THERAPY SUPPORT GROUP with KELLY FRICK!



**Kick off the new year by doing something  
for you!**

This support group is free to family caregivers  
and will be held virtually.

Led by **Kelly Frick, MT-BC**, each of the sessions  
will give you the gift of stress relief by using the  
one thing we all love: **MUSIC**.

**Details:**

***The sessions will be held virtually via zoom.***

**Start Date & time:**

**February 2, 2022 at 11:30 a.m.**

**Reoccurs every Wednesday at 11:30 a.m.**

**Click this link or scan the QR Code  
to register!**

